

STAYING HEALTHY
IS IMPORTANT TO ME.



**My doctor said I should
get a flu shot to protect
myself AND the ones I love.
So I did!**

For more information ask your
doctor or health care provider.
Or call the CDC Immunization Hotline.

English: 1-800-232-2522

Español: 1-800-232-0233

www.cdc.gov/nip/flu



Department of Health and Human Services
Centers for Disease Control and Prevention